

CR Cats Club Code of Conduct, September 2026

CRCats will: • Ensure all coaches and volunteers hold appropriate qualifications and PVG checks • Adopt national policies and codes of good practice in relation to child welfare, including appointing a designated Child Welfare Officer • Ensure relevant PaddleScotland Guidelines are followed including appropriate Risk Assessments and coaching ratios • Ensure club officers and volunteers always act responsibly, equitably and set an example • Ensure the club’s safety procedures are understood and followed by all staff, coaches and volunteers	Paddlers should: • Have fun! • Uphold the same values away from sport as you do when engaged in slalom • Respect your kit, be organised and on time, and say “Thank You” • Offer support or help to younger or less experienced paddlers • Inform your coach of any other coaching you receive, especially to manage age-appropriate training load • Offer to help at events; judging is valuable and helps ‘pay back’ to your Club • Avoid destructive behavior and leave the site as you find it • Never engage in any illegal or irresponsible behavior • Never accept lifts without prior parent / carer knowledge and consent • Do not respond to requests for private information unrelated to paddling; speak to someone you trust if unsure • Do not send ‘Friend Requests’ to coaches on social media. They are your coaches • Speak out immediately if anything makes you concerned or uncomfortable
Our Coaches will: • Act as a role model for our paddlers at all times • Arrive at the venue in sufficient time before the session starts • Inspect the activity area and minimise health and safety risks • Report incidents or injuries promptly and complete the accident / incident form • Consult the committee before preventing attendance at further sessions • Ensure club equipment is in good repair and report replacements or repairs required • Leave the venue clean, tidy and secure after each session • Ensure children are supervised until collected by a parent or carer • Be aware of the club Child Welfare and Wellbeing Policy • Plan sessions appropriate to age and ability, promoting enjoyment and progression • Help paddlers understand rules, safe practice, fair play and appropriate behaviour • Have emergency contacts, medical details, forms, and First Aid Kit available • Avoid direct social media contact with paddlers; communicate via parents / carers where practical • Do not ‘friend’ paddlers on social media • Report wellbeing or child protection concerns immediately to the club Wellbeing Officer or relevant authority • Do not share personal information and delete training videos after the session	Parents / Carers should: • Meet the people coaching your child and understand everyone’s role • Take an active interest and understand your child’s training and why • Understand the Team Manager is responsible for Child Welfare when away from home • Inform coaches of special needs to consider during training and competition • Provide any medication needed for trips • Get involved and help at events; parental participation is important and rewarding • Emphasise your child’s enjoyment, not winning; never force participation • Encourage your child to learn and compete within the rules • Discourage arguing with officials and accept judgements publicly • Help your child recognise good performance, not just results • Set a good example by recognising fair play and applauding all paddlers • Never punish or belittle a child for making mistakes • Support your child’s involvement and use positive language • Encourage your paddler to accept responsibility for their own performance • Understand water sports carry assumed risk; ensure contact details are available • Report any concerns to the Club Welfare Officer

Treat others with the same respect and fairness that you wish to receive — respect diversity, and treat paddlers, parents, carers and coaches with kindness and respect.
Any concerns can be reported to the Club Child Welfare Protection Officer Tom Downie (Mobile 07462 099 271), a coach/helper, or CRCATS.welfare@gmail.com.