



CR Cats is strongly committed to encouraging our members to take part, but the health, wellbeing and safety of each individual is always our paramount concern. We recommend the level/nature of training and activities to be dependent on age and ability, and expect our members to participate within these boundaries.

HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club and review these assessments on an annual basis, or based on learning from incidents.
- Create a safe environment by putting health and safety measures in place as identified by the assessment, and monitoring the effectiveness of these measures.
- Ensure that all members are given the appropriate level of training and engage in activities/competition commensurate with the individual's ability depending on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities in the role of Club Safety Officer
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and a qualified first aider at all times.
- Report any incidents during any club activity or whilst on the club premises and keep a record of all such incidents.
- Promote a culture of sharing and learning from incidents within the club and wider paddle sports community
- Ensure that the implementation of the policy is reviewed annually

CLUB MEMBERS, PARENTS AND CARERS HAVE A DUTY TO:

- Participants must take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Seek clarification from club coaches and officials if you have any questions relating to health and safety
- Cooperate with the club on health and safety issues, respect club rules and policies.
- Correctly use all equipment provided by the club.
- Not interfere with, or misuse, anything provided for your health, safety or welfare.
- Report any incidents or near misses to the session coaches

Club Chair & Committee

¹ Developed based on Paddlesafer Safety Document Document, PaddleUK, Oct 2025 and associated Safety Policy Template. CR CATs amendments in red. [Safety Documents for Paddling | Paddle UK](#)